

# POWER UP

getting ahead in your career



## WHY DOES THIS MATTER TO YOU?

Central to a Leader's success is demonstrating value. However, leadership is increasingly challenging as organisations operate in a VUCA (volatile, uncertain, complex and ambiguous) environment.

Leaders need to step up to this challenge and operate with:

- Validity - Effective technical capability and organisational understanding so you can lead with conviction, and operate with a clear direction and mandate
- Value - A growth mindset and organisational knowledge so you are empowered to listen, speak up and be heard
- Vigour - The right mix of leadership and expert technical capability so you can operate with energy and make sustained progress

Do you want to:

- Increase your ability to influence stakeholders, sponsors and colleagues?
- Accelerate your progress in complex environments?
- Know the steps required to take your leadership to the next level?
- Get your career powering ahead?

If so, then this program is for you. It works one on one with a highly experienced mentor, who will guide you through a series of activities that are designed to help you move forward positively and optimistically towards your desired objectives.

## WHAT'S THE GOAL?

This is a tailored program and so the aim will vary according to the participant. It may for example, focus on taking your career to the next level by advancing your leadership and enhancing your ability to make progress during times of change. Alternatively, the objective may be to help you transition from one role to another role, or gain more traction in your current role.

## WHAT PEOPLE SAY

### **Change Leader, NSW Health**

"Michelle's coaching technique is highly effective. I don't think I would have been able to push through without her.

She was really able to put things in perspective for me and helped me realise that I had the ability to move outside my comfort zone, and look for different opportunities where I would be much happier."

### **HR Executive, Major Financial Services Institution**

"Fantastic program – Michelle shared many personal experiences and the program provided great learnings to progress my career."

### **Melinda Penna, Entrepreneur in Residence, WiseTech Global**

"As a result of Michelle's coaching, I am in a new role that I have the confidence and clarity of vision to craft to fit where I want to be in 5 years time."

## HOW DOES THE PROGRAM WORK?

This is a highly personalised and tailored program. The program runs over six or twelve months. During this time, you will meet with your mentor monthly. In between each session there will be custom designed activities to undertake. These activities will help you progress your thinking and development. They will also enable personal reflection, which is an important part of career advancement.

Throughout the program your mentor will be on call to answer any queries you have and support you through the learning and experiences.

My promise to you – if you don't find the first session of value I will refund the cost of the session.

The spacing of the sessions is important to ensure sustainability of the learning. As a participant, you will receive:

- Pre reading and completion of two diagnostic surveys at the start of the program; one focuses on your leadership strengths, while the other focuses on capability, aspirations and learning goals
- Personalised mentoring sessions, and fortnightly check-ins\*
- Customised activities, with reading material and activities provided every fortnight
- Follow up activities to enable ongoing progress in the workplace
- Personal journal for reflection
- On call support from your mentor throughout the program's duration

\*The number of sessions is based on the level of program selected.

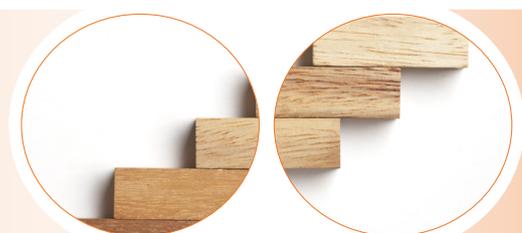
## YOUR MENTOR AND COACH

Michelle Gibbings is a change leadership and career expert, and founder of Change Meridian. She is the Author of 'Step Up: How to Build Your Influence at Work', and 'Career Leap: How to Reinvent and Liberate your Career'.

Obsessed with unlocking high-impact choices to accelerate meaningful progress, Michelle is enabling a new breed of leader - one that's fit for the future of work.

Through this passion and advocacy for new ways of working, Michelle has built a distinguished reputation as the keynote speaker, advisor and executive mentor of choice for leading edge corporates and global organisations.

She is a sought after media commentator featuring regularly in national publications and outlets across the country. Michelle has Undergraduate Degrees in Communications and Commerce, a Masters in International Trade. She is a graduate of the Australian Institute of Company Directors, a Chartered Manager, and a Fellow of Finsia and the Australian Institute of Managers and Leaders.



MICHELLE  
GIBBINGS

[www.michellegibbings.com](http://www.michellegibbings.com) • [www.changemeridian.com.au](http://www.changemeridian.com.au)  
[support@michellegibbings.com](mailto:support@michellegibbings.com)