

# LIBERATE YOUR CAREER

*Unlocking your value*



## WHY DOES THIS MATTER TO YOU?

You know how frustrating it is when your career feels blocked? You feel stuck, restless and undervalued. It can be hard to know what to do, and it can feel easier to just hope it will change. However in today's working environment that won't lead to success. You need to take deliberate and often courageous steps to get the career you want.

You need to be the leader of your career.

Do you want to:

- Rejuvenate, reshape or redefine your career?
- Define your career goals and take steps to bring them into reality?
- Have a career where you feel valued and you are contributing to your full potential?
- Take your career (and life) to the next level?

If so, then this program is for you.

Working with Michelle, she will show you the key steps to unlock your value. This program will encourage and equip you to have:

- Courage - to apply renewed vigour to your career to make meaningful progress
- Conviction - in terms of your purpose and your value, and the steps to take
- Choice - so you understand and open yourself to new opportunities

## WHAT'S THE GOAL?

To support you to get the career you want. It starts by diagnosing the current reality of your career, to determine the areas of focus and next steps. Working through those steps you will be equipped with the skills and tools you need to make your next career move an awesome one!

## WHAT PEOPLE SAY

### **Deborah Greenwood Smith - HR Executive**

"I partnered with Michelle over the last six months to help me work through the next steps with my career. I found the sessions insightful, thought provoking, and at times, challenging. Michelle was focused on helping me stay committed to my goals. She provides good counsel, when required, and was genuinely interested in helping me find what worked best for me. I would highly recommend working with Michelle."

### **Alexandra Shea - Senior Compliance Professional**

"At the beginning of our coaching path Michelle asked me what I wanted to get out of the next 6 months. I had an idea and knew where I wanted to get to. Michelle would ask challenging and thought provoking questions, and would assess situations or challenges from a different perspective. Where I got to in the end, was far further than I could have ever imagined. It took courage and Michelle was in my corner all the time having my back. She has this ability to bring out the best in you."

## HOW DOES THE PROGRAM WORK?

This is a highly personalised and tailored program. The program runs over six or twelve months. During this time you will meet with your mentor monthly. In between each session there will be custom designed activities to undertake. These activities will help you progress your thinking and development. They will also enable personal reflection, which is an important part of career advancement.

Throughout the program your mentor will be on call to answer any questions you have and support you through the learning and experiences.

My promise to you - if you don't find the first session of value I will refund the cost of the session.

The spacing of the sessions is important to ensure sustainability of the learning. As a participant, you will receive:

- Pre reading and completion of two diagnostic surveys at the start of the program; one focuses on your leadership strengths, while the other focuses on capability, aspirations and learning goals
- Personalised mentoring sessions, and fortnightly check-ins
- Customised activities, with reading material and activities provided every fortnight
- Follow up activities to enable ongoing progress in the workplace
- Personal journal for reflection
- On call support from your mentor throughout the program's duration

\*The number of sessions is based on the level of program selected.

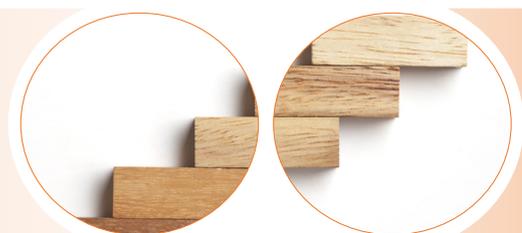
## YOUR MENTOR AND COACH

Michelle Gibbings is a change leadership and career expert, and founder of Change Meridian. She is the Author of 'Step Up: How to Build Your Influence at Work', and 'Career Leap: How to Reinvent and Liberate your Career'.

Obsessed with unlocking high-impact choices to accelerate meaningful progress, Michelle is enabling a new breed of leader - one that's fit for the future of work.

Through this passion and advocacy for new ways of working, Michelle has built a distinguished reputation as the keynote speaker, advisor and executive mentor of choice for leading edge corporates and global organisations.

She is a sought after media commentator featuring regularly in national publications and outlets across the country. Michelle has Undergraduate Degrees in Communications and Commerce, a Masters in International Trade. She is a graduate of the Australian Institute of Company Directors, a Chartered Manager, and a Fellow of Finsia and the Australian Institute of Managers and Leaders.



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